

Editorial

Putting Patients at the center is mandatory in a health service delivery!

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Healthcare providers' and professionals' credibility is often reflected in their successes in healing their patients from being sick (1). While looking for medical attention, patients need to participate in their care. Restoring health is a partnership between professionals and patients. This approach is called a patient-centered care model. Before, providing healthcare service was doctor-centered, where the doctor 'knows best' (1). With individualized patient care (IPC), the healthcare provider considers the patient's preferences and values (2). This approach promotes flexibility in care provision between the doctor and the patient.

Sometimes patients may be considered as having similar health needs to similar diseases, but this could be wrong. Individuals have differences in socio-demographic and economic status, so nursing care is planned to meet the particular needs of one patient (2), as opposed to a routine applied to all patients suffering from the same disease.

Patient differences should be recognized, and individualized healthcare services should be rendered. Our services should be designed in a way that suffices the Patients' needs. In conclusion, putting a patient at the center is not a luxury, but it is mandatory in health service delivery.

References

1. <https://hadimedicalgroup.com/the-importance-of-individualized-patient-care/>.
2. Leino-Kilpi H, Suhonen R, Valimaki M. Individualized care, quality of life and satisfaction with nursing care. *J Adv Nurs* [Internet]. 2005;50(3):283–92. Available from: http://search.proquest.com/docview/57206983?accountid=11862%5Cnhttp://openurl.ac.uk/athens:112?url_ver=Z39.882004&rft_val_fmt=info:ofi/fmt:kev:mtx:journal&genre=unknown&sid=ProQ:ProQ%3Aassiashell&atitle=Individualized+care%2C+quality+of+life+and+satisfac